

DANOS AH7 Support individuals through detoxification programmes

This unit is about working with individuals to achieve stabilisation and/or withdrawal from substance use through a planned programme of treatment and care. Detoxification programmes involve a range of interventions to address individuals' physical, psychological, emotional, social and legal problems and in many cases include the prescribing of substitute medication.

Name of applicant:

I confirm that I am the line manager / supervisor for the above named.

I have assessed the applicant's competence in relation to each of the numbered items listed overleaf and have placed my initials against each numbered item to indicate my satisfaction that the applicant has demonstrated the competence to which it refers (see notes below).

My assessment of the applicant's competence in this unit is based on the following (see notes below):

Name:

Signed:

Date:

Notes

You should 'sign off' the applicant's competence in relation to each of the items listed below only where you have *clear evidence* that they have demonstrated the appropriate knowledge or skills in *real life* settings. Your assessment should be based on one or more of the following: observation of the applicant's practice, your supervision of the applicant, evidence provided by an appropriate third party (such as clients / colleagues / previous supervisor/line manager). Note - completion of a training course does NOT itself provide evidence of competence in a particular area.

In some cases the applicant will not have the opportunity within their existing position to demonstrate all of the required competences. Where this is the case arrangements will need to be made for their competence to be assessed in an alternative setting (such as on placement), or, where applicable, for it to be confirmed by a supervisor / line manager from a previous post.

Induct individuals to detoxification programmes

To perform to the standard you must ensure that:

1. you confirm the eligibility of the individual for admission to the detoxification programme in line with locally agreed criteria
2. you arrange for individuals to undertake a comprehensive assessment to evaluate their substance misuse problems and potential risks to the individual and others
3. you arrange the start of the detoxification programme with the level of urgency appropriate to the individual's needs and circumstances
4. you provide the individual with advice and information about the detoxification programme prior to commencement
5. you assess whether the individual's carers or significant others have a role to play in the detoxification programme and if so, include them in the planning and induction
6. you agree a contract of care outlining behaviours which are unacceptable during the detoxification programme and your organisation's commitment to provision of a non-discriminatory and supportive service in line with your organisation's policies and procedures
7. you support the individual to maintain realistic expectations of the detoxification programme.

Develop and review detoxification treatment and care plans

To perform to the standard you must ensure that:

1. you formulate a treatment and care plan with the individual, involving relevant members of other service teams
2. when appropriate, you refer the individual to a prescribing service for prescribing of substitute medication
3. you maintain accurate and complete records of referrals to other services in line with locally agreed protocols
4. you arrange for provision of appropriate services according to the individuals identified needs
5. you provide harm minimisation advice appropriate to the individuals' needs
6. you offer the individual tests for HIV and hepatitis B and C
7. you regularly review the treatment and care plan with the individual and others involved in service delivery
8. you screen the individual for substance use to monitor compliance according to your organisations protocols
9. you review expectations and plans with individuals who are not yet able complete the detoxification programme.

Manage closure of individuals' detoxification programmes

To perform to the standard you must ensure that:

1. you arrange a discharge planning meeting with attendance by other service provider team members in order to formalise an ongoing care plan
2. you ensure individuals who have achieved abstinence are referred to sources of further appropriate support
3. you maintain active co-ordination between detoxification services and subsequent rehabilitative care
4. you encourage individuals who have achieved abstinence to be assessed for suitable rehabilitation

5. you complete case closure documentation promptly and accurately for individuals who have achieved abstinence or left the programme.

Knowledge and Understanding

To perform competently in this unit, you need to know and understand:

Legislation and organisational policies and procedures

1. how to pass information obtained during assessment or treatment to another agency in line with local protocols

Theories and practice

2. how to prioritise requests for assessment according to their priority in line with your organisations criteria
3. how to involve individuals in the assessment of their needs
4. how to assess an individual's motivation and readiness to engage in a treatment programme
5. how to review assessments at appropriate intervals once an individual has commenced a programme of care

Information handling

1. the importance of keeping full and accurate records, and how to do so
2. the principle of confidentiality: what information may be given to whom

Management of detoxification programmes

1. locally agreed criteria for admission of individuals to a detoxification programme
2. how to arrange for completion of comprehensive substance misuse and risk assessments
3. how to establish the appropriate level of urgency for admission to a detoxification programme
4. advice and information required by individuals prior to a detoxification programme
5. how to agree a contract of care, outlining the responsibilities of your organisation and the responsibilities of the individual during the detoxification programme
6. how to involve significant others and carers in an individuals detoxification programme
7. how to manage individuals' expectations of a detoxification programme
8. how to formulate a treatment and care plan for an individual
9. how to involve members of other service teams in planning and reviewing an individual's care plan
10. how to actively involve an individual in formulating and reviewing a care plan
11. harm minimisation good practice including overdose prevention, safer injecting, contraception and safer sex
12. how to arrange for an individual to be tested for substance use, HIV and hepatitis
13. how to review expectations and plans with individuals who are not yet able complete the detoxification programme
14. the available detoxification options, including substitute medications and regimes
15. locally agreed criteria for selecting specific detoxification options
16. the evidence base for detoxification programmes and realistic expectations of outcomes
17. how to deal with challenging, abusive, aggressive or chaotic behaviour

FDAP Drug & Alcohol Professional Certification
Workplace Assessment

Risk assessment

1. how to assess the risk to individuals and to others from their substance misuse and/or co-existent problems
2. the importance of regularly reviewing risk assessments

Substance misuse

1. the signs and implications of a range of substance misuse related problems including drug use, alcohol use, psychological problems, physical problems, social problems and legal problems
2. ways of keeping your knowledge about substances and indications of substance misuse up to date
3. how to understand the jargon used by substance misusers in your locality